

# DRUKTE-BAROMETER FITNESS-/EGYM

	07:00	09:00	11:00	13:00	16:30	18:30	19:30	20:30
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	09:00	11:00	13:00	16:30	18:30	19:30	20:30	21:30
Maandag	Green	Yellow	Green	Green	Yellow	Red	Red	Yellow
Dinsdag		Green	Green	Green	Yellow	Red	Yellow	Green
Woensdag		Yellow	Green	Green	Yellow	Red	Red	Green
Donderdag	Green	Green	Green	Green	Yellow	Red	Yellow	Green
Vrijdag		Yellow	Green	Green	Green	Yellow	Green	Green
Zaterdag		Green	Green					
Zondag		Red	Yellow					

Vermijd drukte, sport buiten de spits

